



Special Education



Resources for Parents and Students

The Brant Haldimand Norfolk Catholic District School Board has created this list of online educational resources to supplement student learning while engaged in distance learning due to COVID-19. They are intended to offer additional activities and information about specific areas of difficulty for students.

The websites on the list, as well as the sites you may be led to, are from organizations outside our school board. The content and operation of these sites are the sole responsibility of these organizations. Our sharing of these websites as resources is neither an endorsement of these sites nor of the information they contain. If you have any questions or comments about these sites, please direct them to the respective webmaster or to the organization.

When using online resources, users should consider privacy and digital citizenship (responsible technology usage); the Brant Haldimand Norfolk Catholic District School Board advises you to be cautious of sharing personal information online.

Applied Behaviour Analysis

Subject	Online Resource/Description
Autism Community Training (ACT)	Resources including social narratives, visual, and videos to support families during COVID 19. Coronavirus (COVID-19): Resources for the Autism Community
Victories in Autism	Visual tools and strategies to support individuals living with ASD. Visual Tools and Strategies

The Autism Helper	A home emergency kit that incorporates 8 weeks of lessons for families to use. Includes schedules, calendars, activities, and resources. Home School Emergency Kit
Home Learning Hub	A Canadian teaching resource, providing worksheets and activities for English, Math, and more. Twinkl Parents Hub
How To ABA	ABA Materials and Resources Resources for Children with Autism During COVID-19
Starfall	Free printable resources for teaching your child from home, including books, word and picture cards, math and practice sheets. Starfall
Autism Focused Intervention Resources and Modules	7 support strategies designed to meet the unique needs of individuals with autism during this period of uncertainty. Supporting Individuals with Autism through Uncertain Times
	Visual supports, social narratives and task analysis. Supporting Individuals with Autism PDF
Autism Ontario	List of resources related to COVID-19 to help support individuals and families living with ASD. List of Resources to Help Us Through COVID-19
ABC Mouse	More than 9000 activities to learn at home (free for 30 days). ABC Mouse

Assistive Technology and Accessibility Tools

Subject	Online Resource/Description
Screen Reading and Dictation	Reading and writing accessibility tool. The link below will allow you to create a Kurzweil 3000 Web App account. COVID Update: Free Kurzweil 3000 Subscriptions

	<p>The link below will take you to the Kurzweil login page. You can only login after you have created an account.</p> <p>Log Into Kurzweil 3000</p>
Dictation Software	<p>Free dictation (speech-to-text) software in the Google Chrome browser.</p> <p>Talk Typer</p>
	<p>Free dictation (speech-to-text) software in the Google Chrome browser.</p> <p>Voice Notepad</p>
Reading and Writing Essentials	<p>Reading and writing activities that enable every child to significantly improve their literacy skills, helping them to achieve success across the curriculum.</p> <p>Clicker At Home</p>
Screen Reading/ Dictation/Graphic Organizer	<p>Microsoft Word has many accessibility tools including a read aloud tool that reads the text on the page, a dictate tool that allows you to dictate, and a smart art tool that allows you to create concept maps.</p> <p>The link below will allow you to install Microsoft Office which includes Microsoft Word.</p> <p>Microsoft Office</p>
e-Learning for Kids with Interactive Lessons: Computer Skills	<p>Interactive activities with audio that focus on the computer and technology skills such as Internet safety, keyboarding, Microsoft Word/Excel and more.</p> <p>E-Learning for Kids</p>
Digital Media - Promoting Healthy Screen Usage	<p>Digital media: Promoting healthy screen use in school-aged children and adolescents.</p> <p>Digital Media: Promoting Healthy Screen Use</p>
Accessibility Features Apple	<p>Apple products have built in features to support vision, hearing, mobility and learning.</p> <p>Apple Accessibility</p>
Accessibility Features Windows 10	<p>Windows 10 Settings allows you to set up ease of access options on your computer to improve accessibility.</p> <p>Windows 10 Settings Menu: The Ease of Access tab</p>

Augmentative and Alternative Communication (AAC)

Students who communicate using a communication book, board or device

Subject	Online Resource/ Description
Helping Your Child Learn to Use Their Device	<p>Manual for caregivers of children who use devices. Has info on "aided language stimulation" or how to model/show your child how to use the communication device. AAC for Caregivers Manual</p>
	<p>Animated video which plainly explains what Aided Language Stimulation is and why it is helpful for some students. Aided Language Stimulation Explained</p>
	<p>Short video which explains what Aided Language Stimulation is and why it is helpful for some students. Communication Tips & Strategies: Aided Language Stimulation (ALS)</p>
AAC at Home	<p>Video showing 6 ways to model use of an AAC device at home. AAC At Home: Corona Virus Shouldn't Stop Your Progress!</p>
	<p>Language opportunities for using AAC at home. Using AAC at Home</p>
Core vs Fringe Vocabulary	<p>Video explaining core vs fringe words. Core v Fringe</p>
Using AAC While Playing Games	<p>Brief video demonstrating modelling of a core board with a young student while playing with toys. AAC demonstration- Aided language stimulation</p>
	<p>Brief video demonstrating modelling of a core board with an older student while playing a turn-taking game. Aided Language Stimulation Boards - Core Word Vocabulary Board</p>
	<p>Amanda (SLP) models use of her AAC devices while exploring her imagination. Amanda Hartman YouTube Channel</p>

How to Use Device, What to Say During Activities.	<p>Many free resources (parent guides, lesson plans, activities) including Challenge Week: activities for the first week of each month on how to use and model AAC, posted regularly.</p> <p>AAC Language Lab Challenge Week</p>
	<p>Links to pdfs with ideas of how to model AAC using toys around the house. Each pdf has ideas for core words to work on, materials, how to model, and tips to engage, expand and succeed.</p> <p>Active with AAC</p>
	<p>Links to activities for AAC users for each day of the week, including videos explaining strategies to parent. The site promises that this will be updated weekly with new activities for AAC users at home.</p> <p>AAC Calendar</p>

Blind/Low Vision

Subject	Online Resource/Description
Keyboarding	<p>Step by step instruction on the keyboard, an essential skill for students. Accessibility feature include print enlargement and compatible with Voiceover. Includes games for skill reinforcement.</p> <p>Typing Lessons</p>
	<p>Touch-typing program with talking characters for increased engagement. Start at play level 1.</p> <p>DanceMat Typing</p>
Listening Skills	<p>Free access to a variety of children’s books.</p> <p>Audible Stories</p>
Virtual Education for Blind/Low Vision	<p>Daily classes for students with visual impairments including orientation and mobility, advocacy, etc. through closed-captioned webinars.</p> <p>Virtual Expanded Core Education Learning (ExCEL) Academy for Students with Visual Impairments</p>
Technology	<p>Free accessible apps for students who are blind/low vision while schools are closed.</p> <p>Fully Accessible Apps for Blind and Low Vision Users</p>

Screen Enlargement	Free downloads of Zoomtext (screen enlargement) and JAWS (screen reader) until June 30 th in Canada to assist students with visual impairments access their home computers. Free Sponsored Software
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Daily Living and Life Skills

Subject	Online Resource/Description
Daily Living Skills	Picture cards to teach and practice a variety of different daily living tasks and routines. Free picture cards for some daily routines are provided. Daily Living Skills Picture Cards
Cooking and Nutrition	Different ways parents/guardians can involve children in the planning and preparation of meals. Involve Kids in Planning and Preparing Meals
Social and Emotional Learning	Students learn strategies to manage their emotions in everyday situations. Students watch cartoon videos to learn about perseverance, growth mindset, empathy, gratitude, and respect. Mojo Takes on Positive Thinking
Physical Activity and Movement	Activities to keep your child active. Children can participate in these activities in the home or backyard. Active for Life Individual Lesson Plans
	Ideas to keep your child active through creative outdoor scavenger hunts. Free Printable Scavenger Hunts for Kids
Daily Living Skills	Everyday life situations and helps the student navigate through these experiences by providing tip sheets and activities. Some life situations provided are cooking, completing a job application, using an ATM machine, and reading food labels. Everyday Life
Life Skills – Household Chores	Lists household chores for children of all age groups to complete. These chores are further broken down step-by-step making it easier for students to learn the task. Developing Lifeskills: Chores

Deaf/Hard of Hearing

Subject	Online Resource/ Description
Audible Books with Closed Captions	World's largest library of audiobooks. Audible (free for 30 days)
	Audible books at various levels. Students can listen, read along and change the speed at which a story is being read. Storybooks Canada
	Books read aloud. Storyline Online Epic! (free for 30 days) Unlimited Audiobooks and eBooks (free for 30 days)
Auditory Memory, Phonological Awareness and Sequencing Skills	Auditory memory, phonological awareness and sequencing skills, K-8. Excellent for students who are Deaf and Hard of Hearing and those with Auditory Processing Disorder. Free trial until June 30, 2020. HearBuilder Online Foundational Literacy Program
American Sign Language Dictionary/Tutorials	ASL dictionary. HandSpeak
	The ASL App. ASL App
	Learn how to sign in American Sign Language with videos. American Sign Language University
Closed Captioning Support	How-to: Enable and customize subtitles and captioning. Enable Closed Captioning
	Different options to add third party closed captioning when option is not available. Live Transcribe Web Captioner Real-time Captioning

Self Esteem and Advocacy	Virtual Magazines for kids and teens with a hearing loss and coordinating activities. Hearing Our Way Resources
	Interactive platform to help children and young adults with hearing loss and their families successfully manage key transitions and use them as opportunities to learn and grow. Growing Up With Hearing Loss
Tools and Strategies for Parents	Tools and strategies for parents supporting children with hearing loss. All ages (up to end of high school). Tools and Strategies for Parents/Teachers

Enrichment

Subject	Online Resource/Description
Caribou Math	Caribou Math Competitions and Games through Brock University. Caribou Tests
Gifted Website	The Association for Bright Children of Ontario. The Association for Bright Children of Ontario
Strategies for Challenging Gifted Learners	Six Strategies for Challenging Gifted Learners. Strategies for Challenging Gifted Learners
STEM/Science Challenges	STEM and Science Challenges/Experiments for Kids. STEM Activities for Kids
Engaging Gifted Learners	At Home Resource for Engaging Gifted Learners. Home Resources for Keeping Students' Minds Active During Coronavirus
	20 Tips for Nurturing Gifted Students. Nurturing Gifted Students
Webinar	Project Based Learning for Gifted Students. Learning for Gifted Students

World News	Current events site to promote critical thinking. Newsela
Math, Science, and Computer Challenges	Engineering and science activities to promote engineering, science concepts, design challenges and coding through the University of Waterloo. ESQ at Home- Online Activities
	CEMC at Home
Resources for Parents and Teachers	Math and Science Enrichment Resources for Parents and Teachers. Resources for Teachers and Parents

Executive Functioning

Subject	Online Resources/Description
Executive Functioning Skills	Video modelling strategies for students on a variety of skills, such as writing, organizational, study and test skills, research, comprehension, idea generation and math. Cloud Gear Learning
Information/ Resources for Parents	Provides an explanation and ways to help support and develop a child's executive functioning. Understanding Executive Functioning Issues in Your Child
	Teacher created materials, and activities/resources for parents. Activated Learning
Activities for Young Children	Songs, games and mindfulness activities created by child development experts to provide younger children with an opportunity to move and engage their mind. GoNoodle
Timers	A variety of timers to aid in keeping track of time. Classroom Timers

Memory Games	A selection of simple memory games. Memory Games
Apps	A list of apps to support executive functioning difficulties. Apps for Executive Functioning
Strategies/Tools	Helping kids who struggle with executive functioning. Helping Kids With Executive Functions
	Activities guide to enhance executive functioning skills. Enhancing and Practicing Executive Function Skills with Children
	Executive functioning strategies used by educators. Executive Functioning
	Useful tips from executive function coaches. Top 10 Frightfully Useful Tips from Executive Function Coaches

Fine Motor Skills

Subject	Online Resource/Description
Typing Skills	Interactive Online Typing Tutorials to Enhance Keyboarding Skills. DanceMat Typing
	684 keyboarding lessons and activities, starting from the very basics to more advanced. Typing Club
	A tool for step by step instruction on the keyboard, an essential skill for students. Accessibility features include print enlargement and compatible with Voiceover. Includes games for skill reinforcement. Typing Lessons
	Practice keyboarding skills in a fun racing game environment. Typing Race

Fine Motor Skills	10 Activities to Develop Fine-Motor Skills. Activities To Help Build Fine Motor Skills
	Small movement ideas and activities to develop fine-motor skills. Improve Kids Fine Motor Skills with 30 Materials & Activities

Functional Academics

Subject	Online Resource/Description
Literacy	News articles that are written by professional journalists. Each article is written in kid-friendly language and appropriate for children and teens. This is a great tool to support literacy. Teaching Kids News
	Online reading program with interactive e-books, downloadable books, and reading quizzes. Raz-Kids
	Imagination and curiosity is ignited through discussion of a “wonder” question that is posted every day. Wonderopolis
	Contains interactive games to develop math and reading skills. Other subject areas, such as music and art, are also offered. Toy Theater
Literacy and Numeracy	Fun interactive games to develop literacy and numeracy skills. ABCYa
	Math and language activities for all ages. Some of the math activities include time, money, addition, subtraction, fractions, and geometry. Some of the Language activities include recognizing words, sentence building, and recognizing parts of speech. IXL is Personalized Learning
Letter Recognition and Reading	Fun letter recognition and reading activities. Starfall

Mathematics	Designed for students, teachers and parents/guardians. Includes games, activities, learning tools and home supports. Mathies
Mathematics, Science, Geography	Variety of games for all ages that includes math, nutrition, science, geography, and animals. Sheppard Software
Reading, Geography	Students can learn fun facts, read books, watch videos, and explore countries around the world. National Geographic Kids

Language

Subject	Online Resource/ Description
Parent Resources	Information on language development/milestones for parents to consult. Typical Speech and Language Acquisition in Infants and Young Children
Early Language Development	How to help your child learn to communicate by following their lead during play. Following Your Child's Lead
	Strategies for parents and teachers on supporting children’s early language development. It Takes 2 to Talk
	SLP (Speech Therapist Mom) with videos supporting parents with their child’s early language development. Early Intervention: How to teach your child Early Language Skills- from a Speech Therapist
Language Activities and Resources	Activities targeting a variety of language areas (pronouns, negatives, questions, categories, idioms and more). Free Language Stuff
	Printables to support a variety of speech and language areas. Speech and Language Kids

	Resources and printables including language strategies, milestone checklists, and speech carryover calendars. Must provide an email address to access these. Speech and Language At Home
School-Aged Language Development	SLP (Speech Therapist Mom) with videos supporting language development (topic maintenance, forming sentences, sight words, verbs, nouns, prepositions, vocabulary and more.) School-Aged: Language Development

Learning Disability

Subject	Online Resource/Description
Learning Disabilities Association of Ontario	Information and Resources for parents of children with learning disabilities. Learning Disabilities at Home
Graphic Organizers	Resources for mind mapping and organizing ideas. Mind Mapping

Phonological Awareness/Literacy

Subject	Online Resource/Description
Read-alouds	List of authors doing read-alouds of their own books via video. The Big List of Children's Authors Doing Online Read-Alouds & Activities
	Children's author Chris Van Dusen will read one of his books aloud every day. Chris Van Dusen
	Favourite kids' books read aloud by famous people. Storyline Online
Read Along, Audible Books	Audible books at various levels. Students can listen to them being read, read along and change the speed at which a story is being read. Storybooks Canada

Books, Videos, Quizzes	A large collection of books, learning videos and quizzes. Epic!
Literacy and Phonological Awareness	Literacy, Phonological Awareness, math resources for Kindergartners and grades 1,2,3. Starfall
Guided Reading	Online guided reading program with interactive ebooks, downloadable books, and reading quizzes. Raz-Kids
Phonics	Videos supporting learning of phonics. Reading Bear
Reading	Resources to teach reading and to help struggling readers. Reading Rockets For Parents
Reading and Phonics	Reading and phonics game featuring monsters. Teach Your Monster
Emerging Literacy	Playlist to support emerging literacy skills (sight words from preschool through first grade) by an SLP. Practice your PRESCHOOL SIGHT WORDS!
	Strategies to promote emergent literacy skills using favourite children's books. The Hanen Book Nook
Phonological Awareness	Playlist to support emerging literacy skills (kindergarten) by an SLP. Kindergarten Learning & Practice- Rhyming, Segmenting, Blending, & Sight Words
	Playlist to support emerging literacy skills (grade 1) by an SLP. First Grade Practice- Phonemic Awareness- Addition, Substitution, Deletion & Sight Words
Letter-Sound Awareness	Worksheets, info on phonics and phonemic awareness. A Powerful Tool for Consonant Sound Memorization

	<p>Online phonemic awareness games for a variety of skills. Online Phonemic Awareness Games for Every Skill</p>
Rhyming	<p>Video demonstrating how to target rhyming skills using everyday objects (no printer required). Teaching Rhyming with Objects</p>

Self-Regulation/Emotional Regulation

Subject	Online Resource/Description
Soothing Activity	<p>Sand pouring game, very relaxing for students. This is Sand</p>
	<p>Nebula drawing game, very relaxing for students. Nebula Drawing</p>
	<p>Fast and fun drawing game. AutoDraw</p>
	<p>A symmetry drawing game. Symmetry</p>
	<p>Interactive generative art. Weavesilk</p>
	<p>Control the weather. Looking at Something</p>
Self-Regulation	<p>10 games parents can play with their children that help them learn about self-regulation. Each game requires little to no equipment. Self Control Games to Practice Self Regulation Skills</p>
Emotional Regulation	<p>Teaches positive character traits through videos and interactive activities. Character Tree</p>

The MEHRIT CENTRE/ SHANKER Self-Regulation	Works to mobilize science-based and practice-informed knowledge about self-regulation to develop learning experiences, strategies and resources that will benefit all children, parents, teachers and leaders, schools, communities, and ultimately, society itself. Parent Resources
Self-Regulation and Emotional Regulation, Mental Wellness	Multitude of programs and services specifically aimed at the overall mental health and wellness of all children, youth, and families. Pathstone Mental Health
Social Skills	Addresses social behaviour, communication skills, social emotional skills, social skills toolbox and emotions colour wheel. Social Skills Overview
Do You Feel Me? Feeling Words Game	15 videos of kids describing a time they felt something deeply. The Feeling Words Game
Indoor Activities for Hyperactive Kids	Ideas to help keep children with high-activity levels entertained. 9 Indoor Activities for Hyperactive Kids

Sensory Skills

Subject	Online Resource/Description
Sensory Activities for Kids	Sensory activities and recipes. Sensory Play Ideas for Kids
	Sensory activities provided to promote coordination, concentration, gross-motor and fine-motor development. Sensory Play Activities

Social Narratives

Illustrated stories to help children understand social situations

Subject	Online Resource/Description
Coronavirus	A video explaining the Coronavirus. UM-NSU CARD's Let's Talk About the Coronavirus (COVID-19) Whiteboard Social Narrative Video
	A Carol Gray social story about the Coronavirus pandemic. Ages: Gr. 4+ My Story About Pandemics and the Coronavirus
Coughing/Sneezing	Social narrative demonstrating good coughing/sneezing hygiene. Cover My Cough and Sneeze Social Narrative
Washing Hands	Washing hands social narrative. Washing Hands Social Narrative
Social Distancing	Animated video explaining social distancing to children. Time to Come In, Bear: A Children's Story About Social Distancing
Hygiene Videos for Kids	Sesame Street Videos explaining sneezing/coughing etiquette, how and why to wash hands to children. Sneezing & Coughing Safely Washy Wash Caring for Myself, Caring for Others

Speech

Subject	Online Resource/ Description
Parent Resources	An article for parents explaining the difference between speech and language. What's the Difference Between a Speech Impairment and a Language Disorder?
	Article on how parents can work together with their child's SLP. Tips for Working with a Speech Therapist

	<p>Speech development milestones for parents to consult. Speech Development</p>
Sound Practice	<p>Videos series demonstrating the production of certain speech sounds by a SLP. If your child has difficulty making certain sounds, please move on and consider consulting with a SLP. Speech Therapy Videos</p>
	<p>Free activities and wordlists for practicing speech sounds (that they can imitate). Speech Therapy Activities</p>
	<p>Wordlists for speech practice. Speech Therapy Wordlists</p>
	<p>Free wordlists for practicing speech sounds (that they can imitate). Speech Therapy Worksheets</p>
Apraxia	<p>Articles on how parents can support kids with apraxia at home. The Importance of Parent Involvement in the Speech Therapy Process</p>

Visual Processing Skills

Subject	Online Resource/Description
Visual Processing Practice	<p>This site provides eye exercises to enhance a child’s visual processing skills such as tracking, focusing, perception, and eye teaming. Eye Exercises for Visual Health and School Success</p>

