



Haldimand-Norfolk

REACH

Supporting children, families, communities.

FAMILY SERVICES COUNSELLING PROGRAMS

For individuals, couples and families

Professional, Confidential, Caring

**If you are feeling dissatisfied
or unhappy with yourself,
your life or your relationship, a
counsellor may be able to help.**

People with funding options will be served in a timely manner.

Subsidized counselling is also available.

Assistance is available for:

- ♦ Anger
- ♦ Anxiety
- ♦ Communication
- ♦ Conflict
- ♦ Depression
- ♦ Parenting
- ♦ Separation/Divorce
- ♦ Stress

Call us:

(519) 587-2441

or

1-800-265-8087

4 office locations

- ♦ Simcoe
- ♦ Caledonia
- ♦ Dunnville
- ♦ Townsend

Daytime and evening appointments



United Way
of Haldimand and Norfolk