



Haldimand-Norfolk

**REACH**

*supporting children, families, communities*

# Temper Taming

## H-N REACH Group Program

### Child Clinical Services



“Temper Tamers” is a FREE group for children between the ages of 7 and up to 11 and their caregivers which assist with concerns about anger, aggression and hostility in the family. H-N REACH is currently taking referrals for this 9-week group program.

Learning to Tame Temper helps to decrease aggression, promote problem-solving skills, and assists caregivers and children to take back control of their lives from temper.

Ask yourself these questions:

1. Is TEMPER a problem in your household?
2. Is TEMPER causing you, your child or others problems?
3. Do you and your child want to be “in charge” of TEMPER instead of TEMPER being “in charge” of you?
4. Would you be interested in meeting other children and caregivers who want to “TAME TEMPER”?

If you answered YES to these questions, you may be interested in signing up for the 9-week Community Temper Taming Group.

---

**To make a referral to Community Temper Taming Group  
call 519-587-2441 or 1-800-265-8087**

---