

supporting children, families, communities

## Walk-in Counselling Clinic

FREE counselling for children and youth up to 18, and their families.

## **Location & Hours**

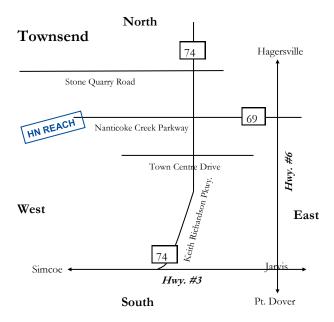
Haldimand-Norfolk REACH 101 Nanticoke Creek Pkwy., Townsend, Ontario 1-800-265-8087 Ext. 263

Tuesdays, 12 noon to 8:00 p.m.

Appointments are on a first come, first serve basis **Last appointment begins at 6:30 p.m.** 

(For information about assistance with transportation call ext. 263)

www.hnreach.on.ca



## WHAT IS THE WALK-IN COUNSELLING CLINIC?

The clinic provides an option of quick access to therapy services for families with children between 0 and 18 years of age. Family members can see trained therapists at their chosen moments of need. The session's intent is to create opportunities for immediate problem solving and therapeutic conversations, as well as connection to other Haldimand-Norfolk REACH services if required. For many a single session is sufficient, however you may visit the clinic more than once if needed.

## WHO CAN ATTEND THE CLINIC?



We encourage the entire family or all those living in the home to attend the counselling session. We also offer consultation assistance to extended family members. Youth 12 years of age or older can be seen

confidentially. The family or individuals in the family may be experiencing problems that are emerging or have been around for a long time. The focus or agenda for the therapy session is based on what the family members want from the meeting.

The clinic is not meant to replace emergency or crisis services. In the case of a crisis situation, families in Haldimand and Norfolk may contact our 24-hour Child and Youth Crisis Service at 1-866-327-3224 and speak to a crisis worker, or attend the local hospital, or call police as appropriate.

Please note that H-N REACH maintains a "scent free" environment. We appreciate you not wearing any scented products when visiting the Walk-in Clinic or any other REACH program. Thank you.